

SCHOOL MEALS MENU SPRING/SUMMER 2022

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
WEEK 1	Sausage & Onions Baked Beans Mashed Potatoes Chocolate Eclair Low Fat Yogurt Fresh Fruit	Grilled Chicken/Tomato Sauce Garden Peas Parisienne Potatoes Low Fat Yogurt Fresh Fruit	Turkey Carbonnara Tossed Salad Garlic Bread Gateau Low Fat Yogurt Fresh Fruit	Roast Chicken & Stuffing Carrot & Turnip Mash Buttered New Potatoes Gravy Low Fat Yogurt Fresh Fruit	Baked Cod Baked Beans Chipped Potatoes Fruit Jelly Low Fat Yogurt Fresh Fruit
WEEK 2	Crispy Chicken Wraps Baked Beans Baked Potatoes Chocolate Muffins Low Fat Yogurt Fresh Fruit	Ravioli Bolognaise Mixed Salad Garlic Bread Low Fat Yogurt Fresh Fruit	Sweet & Sour Chicken Balls Boiled Rice Stir Fried Vegetable Fromage Frais Low Fat Yogurt Fresh Fruit	Roast Beef & Yorkshire Pud Cauliflower Cheese Diced Potatoes Gravy Low Fat Yogurt Fresh Fruit	Fish Finger Chipped Potatoes Baked Beans Ice Cream Low Fat Yogurt Fresh Fruit
WEEK 3	Chicken Cordon Bleu Sweet Corn Couscous Strawberry Cheesecake Low Fat Yogurt Fresh Fruit	Meatball Marinara Subs Tossed Salad Chipped Potatoes Low Fat Yogurt Fresh Fruit	Chicken Fajitas Mexican Rice Mex Vegetable Waffles & Choc Low Fat Yogurt Fresh Fruit	Honey Roast Gammon Mixed Veg Herb Boiled Potatoes Gravy Low Fat Yogurt Fresh Fruit	Oven Baked Salmon Broccoli Gratin Chocolate Profiterole Low Fat Yogurt Fresh Fruit
WEEK 4	Homemade Pizza Tossed Salad Garlic Potatoes Doughnuts Low Fat Yogurt Fresh Fruit	Homemade Sausage Roll Baked Beans Croquette Potatoes Low Fat Yogurt Fresh Fruit	Lasagne Al Forno Tossed Salad Garlic Bread Red Fruit Panna Cotta Low Fat Yogurt Fresh Fruit	Homemade Chicken & Veg Pie Glazed Carrots Creamed Potato Gravy Low Fat Yogurt Fresh Fruit	Breaded Sole Coleslaw Chipped Potatoes Apple Pie & Ice- Cream Low Fat Yogurt Fresh Fruit
WEEK 5	Pulled Pork in a Bun Mixed Salad Baked Potato Fairy Cake Low Fat Yogurt Fresh Fruit	Beef Burger BBQ Sauce Sweet Corn Chipped Potatoes Low Fat Yogurt Fresh Fruit	Hoisin Chicken Vegetable Medley Fried Noodles Blueberry Muffins Low Fat Yogurt Fresh Fruit	Turkey Escalope Broccoli Gnocchi Tomato Cream Sauce Low Fat Yogurt Fresh Fruit	Grilled Fish Burger Garden Peas Baked Oven Wedge Potatoes Mini Chocolate Buns Low Fat Yogurt Fresh Fruit
WEEK 6	Garnish Hot-dog Garden Peas Diced Potatoes Chocolate Tart Low Fat Yogurt Fresh Fruit	Bacon & Cheese Turn overs Baked Beans Potato Waffles Low Fat Yogurt Fresh Fruit	Grill Chicken Kebab & Cheese Sauce Sliced Carrots/ Boiled Rice Sponge & Custard Sauce Low Fat Yogurt Fresh Fruit	Roast Pork Loin Vegetable Trio Roast Potatoes Gravy Low Fat Yogurt Fresh Fruit	Fish Fillet Meuniere Mixed Vegetables Parsley Potatoes Chocolate Krispies Low Fat Yogurt Fresh Fruit